



Safety Tips for Traveling Models

Here, we will cover common safety information for traveling models. The insight provided here is for all traveling models to refer back to, especially those just starting out/you/inexperienced, and advice for those who have worked with a photographer more than once, who then may be taking advantage of their rapport. This list is organized by red flags to watch out for in the booking process, during the photoshoot, and manipulative tactics that may be used after a photoshoot is done, as well as other common red flags to watch out for.

→ Arrow points are KEY, must-read points to note

◆ Bullet points are optional-to-read, extended notes that further explain the arrow point before it.

Before The Photoshoot

→ Abusive photographers tend to target younger people, and those with less experience in the modeling industry. They may even exclusively work with less experienced people because they feel like they have the higher end of the power dynamic in their favor. These types of people are oftentimes very insecure, and need to feel like they have the upper hand in all situations throughout their life - but that's nothing you need to put up with.

◆ You can avoid these types almost always by reviewing their portfolio and references in-depth, well before booking a photoshoot with them.



- Companies/photographers who have a bad reputation may have many uncredited, or “anonymous,” models in their portfolio because they do not want you to contact these models asking for a reference.

- ◆ You should ALWAYS check with references that YOU can locate through the photographer’s portfolio, of all skill levels and age groups as possible. It is important when gathering references to use references directly from the producer’s portfolio, and not just references that they supply you with. The reason for this is because they will usually only supply you with references that WILL vouch for them, and if they are an unprofessional photographer in any way, they will leave out references of models who would not give them a positive reference. Once you have model references, you must ACTUALLY speak to them, either text/email/phone call. You MUST speak with model references directly, and not just go off of seeing those models in the producer’s portfolio. It is SO important to actually speak with model references that you found yourself because producers will oftentimes give you references that will be biasedly in their favor, and other models you may see in a photographer’s portfolio may not have actually enjoyed the shoot experience, or may not have worked with them under circumstances that they are now intending to book you for. The information these references that you find and speak with yourself provide to you is key to having a smooth booking process.

- If a photographer knows they have a bad reputation, they may change their social media names frequently, or completely delete their social media accounts for a while, hoping people forget who they are after some time, in which they reenter the industry under new identities and pick new victims.

- ◆ This is why it is important to check with model references, and verify the portfolio is up-to-date and not stolen from another photographer. You wouldn’t believe the amount of times I have reference checked with models, and received crucial insight. Examples include, “I only shot with that photographer in a group setting, so I don’t know how he would be one-on-one,” “I never shot with that photographer, and those photos he is using as his portfolio are stolen from another photographer,” “That photographer is using the images resulting from our photoshoot, but he doesn’t respect my wishes not to share them, so now all of these models think it’s okay to work with him without asking me first if I actually had a good time at the photoshoot. They just see that I shot with him thinking that it’s okay to shoot with him just because I worked with him.”



- ◆ Not every photographer who inquires about shooting with me gets to actually book with me - almost 9/10 inquiries don't make it to the final step. However, there are a lot of work opportunities out there that are worth booking, and you will find that if you only book ones that you feel will be extremely safe and accommodating to work for, you will continue to gain opportunities like that.

- Abusive photographers may approach you by saying they are a, "producer," "model manager," "advisor," "booking agent," "coach," "agency," etc. These are called Power Holding Rolls, and these types also target newer and inexperienced models. If they approach you by using language like this, chances are, they are going to try and use reverse psychology on you, by making you feel that you need their approval to work with them because that will have you locked into dependence on them. These are types to avoid because they will keep you from expanding your growth in your business and personal development; they will want to control you for their own monetary gain.

- Abusive photographers may INSIST that you stay with them at their home if you fly in from out of town (Example: "you will HAVE to stay with me during this production; there are no hotels available to you at this location").

- ◆ At this point in time, it is commonplace for models to be hosted by photographers at their home or studio so the model can save money on hotel expenses while she is touring the city. If you feel comfortable enough to try this option, you certainly need to speak with model references who were hosted by this photographer before, and you still need to create a backup plan for where you will stay in case you feel uncomfortable while being hosted, so you can leave and still have somewhere to stay during your tour. If you are being hosted, you need to have your own room, and there are door locks you should purchase to bring with you (which you should have on you anyway even if you choose to stay at a hotel). In theory, even a lock on the inside of the door can be opened with a key from the outside, so it is number one priority to make sure you are securely locked in your room where a photographer can't unlock the door while you're sleeping (a photographer you have reference checked thoroughly should NEVER be trying to get into your room while you're asleep, but just to be CERTAIN that you are safe and secure, you need to lock the door with more than just the given locks).



- ◆ Ideally, photographers should be paying for a hotel room for you to stay in, but if you choose to have many photoshoots in one city, they may want that to come out of your pocket. Two options you may have is to:
 - You may stay with a photographer for free (and still charge them for photoshoot hours. Many photographers will try to convince you to shoot with them for free since they are hosting you as a fair trade, but this is not actually a fair trade and defeats the purpose of saving money by not getting a hotel room. If they are taking up hours that you could be making money by booking other photographers, then you are still spending your time that you could be making money with, so you might as well pay for your own room.)
 - Require all photographers who have booked with you in a particular city to chip in evenly towards your hotel room cost, so they are all fairly contributing to your tour of their city

- Abusive photographers may try and flaunt their achievements to try and impress you; for example: “I can get you published in this big-time magazine,” “here’s a cover of a major publication that I shot,” “I can help you win this huge contest,” etc. These are all clout based achievements that are usually shallow in nature, and as you gain experience in the industry, you’ll be able to spot these scammy phrases immediately, and avoid them. Many publications that abusive photographers refer to as their achievements are rigged/fake/corrupt anyway, and nothing that a prestigious photographer should be flaunting that they were a part of. MOST of the time, abusive photographers will say empty promises to newer and less experienced models because they don’t have solid model references that would actually back up their claims, and this is another huge reason that you should always speak directly to models who have worked with that photographer before.

- Abusive photographers may tell you that you can not bring a friend (chaperone/escort) to the photoshoot. Many models feel much more comfortable bringing a friend along with them to a photoshoot so unprofessional behavior



from the photographer is discouraged, or to bear witness in case a photographer oversteps a model's boundaries during the photoshoot.

- ◆ As a photographer myself, I don't mind whatsoever if a friend comes to the photoshoot, especially if they help out with the photoshoot production itself since they are hanging out there anyway. I have heard the opposing viewpoint though, where photographers don't feel comfortable having friends on set for a variety of reasons - friends can be distracting, they can act unprofessional, and they may take away from the whole photoshoot experience by being an extra body - bottom line is, I have never brought friends to my 9-5 job, so I wouldn't bring friends to my photoshoots either. To make a full-time career of modeling, you can't always rely on friends to go with you to tours all over the country, or all over the world, unless you are paying them as your official assistant. In other words, it's not practical to always bring a friend. I have went through my entire career as a model without having to bring a friend with me for security, and I have stayed safe as a traveling model by not only checking with model references before solidifying a booking, but also touching base with friends right before a photoshoot to let them know where I will be, and what time I will message them at after the photoshoot ends to let them know everything went fine. You can always install a tracker (through your phone and some other secret location) so your friends always know of your whereabouts.

- If you have stipulations for the images/videos of you from a photoshoot, make sure you obtain the appropriate paperwork signed off by the photographer. Make them aware of your stipulations before booking, and if the photographer disagrees with your limits and boundaries, then it is not the photoshoot for you.

- ◆ By default, photographers own rights to all images/videos they capture, so if you have stipulations for the content captured of you, be sure to note this in the booking process. Examples of stipulations include what genres are captured of you, how your image may be altered in post-production, where images may and may not be shared, any further compensation from subsequent sales, etc. Do not let the photographer walk away without signing the appropriate paperwork!

- If a photographer will not allow you to make amendments/changes to their provided contract, this is a red flag.



- ◆ It is unprofessional as a model to go back on an agreed photoshoot concept, but there are many reasons that could arise where you may want to change your mind at the end of a photoshoot, guilt-free, and not agree to terms previously discussed. Some examples of a model changing their mind and not agreeing to previously discussed terms would be if the photographer exemplified unprofessional behavior during the photoshoot.
- ◆ Be extremely mindful of getting caught up in the moment, and modeling more explicitly than previously agreed upon. If you do decide to model more explicitly, you are in no way obligated to sign any releases for the photographer to use the images taken. Still, it is best to not put the photographer in an awkward position, and give them more explicit content than what was originally agreed upon.
- ◆ The only reason where it is unacceptable for you to change terms and conditions upon the end of a photoshoot is if you are trying to scam a photographer on purpose, and already had the intention in your mind from the start that you would go back on the agreement, ie; you decide to tell the photographer during the booking process that you shoot certain genres for a more expensive rate than other genres, but then you choose not to model those genres, and still expect the same high rate pay.

During The Photoshoot



- Abusive photographers may ask you what your boundaries are before the beginning of the photoshoot, but then instruct you to model more nude / pornographic / explicitly DURING the photoshoot. These types of unprofessional photographers will instruct you to go outside your stated comfort level while on set, hoping that you will not know how to say no to their request. They will ask your boundaries before the beginning of a photoshoot to make it seem like they respect your boundaries so you will book with them. At the photoshoot, they will act like it's a normal request, asking you to model more explicitly, in hopes that you just go with it and don't question them. If you question them, they will always tell you that it's normal and fine, and some will even say that it's essential for you to do so you can excel further in your career. If you find yourself at a photoshoot where a photographer is pushing your posing limitations, it is completely acceptable to leave.

- Abusive photographers may try to outwardly, and very inappropriately, touch you without acting like it is strange in the least and that it's normal, so you become confused and don't fight as much. It is extremely important to know if a photographer touches you, which should NEVER happen, but unfortunately happens more often than we would like to hear, you must know how to keep yourself from freezing up from shock - you must know how to remove yourself from an unprofessional situation if things turn dangerous. Unprofessional and dangerous situations can almost always be avoided by background checking before booking, and always letting a friend know where you are and when you'll be contacting them again, AND letting the photographer know a friend has been notified of your whereabouts and that you'll need to contact your friend again once you leave the photoshoot. Abusive photographers will almost never try to engage in unprofessional behavior if they know someone knows where you are and that you'll be contacting them after the photoshoot at a specific time.

- Abusive photographers may change the location of the shoot upon your arrival, usually to a more private setting, in order to throw you off and put you somewhere that you are less secure in. I have experienced this before when I planned to have a photoshoot in a downtown area, but the photographer wanted to move the shoot to a private forested area. By putting you in an unfamiliar location, one that you could not plan for ahead of time, you can get thrown out of your secure mindset of how the photoshoot is going to run, and an abusive photographer may take advantage of this in the worst ways.
 - ◆ The way I addressed that particular situation is that I told him we need to go with the original plan, or find an area with the same circumstances.



Most times, people will change a photoshoot location due to inclement weather, which is understandable. You have to read the situation, and be flexible enough where you can move locations if necessary, but make sure it's under the same conditions as you previously planned. If you must move to an indoor location after planning to shoot outdoors due to bad weather conditions, just let the photographer know you have to message your friends that are on call that you are moving locations and where that is exactly, and a normal photographer will be completely fine with that. An unprofessional photographer may become uneasy if you notify your friends, and should keep them from conducting shifty behavior during the shoot, but of course, if anything seems off to you, you have the right to leave the shoot at any time.

- Abusive photographers will oftentimes act completely normal, and then throw you off guard by asking strange things of you to either share or do with them, in a completely normal tone. This is their way of normalizing their manipulation over you, so you don't fight their toxic advances. Strange topics a photographer tells you to share with them will include anything outside of the professional realm, such as asking you to share personal information with them, or asking you to do unprofessional acts on set.
 - ◆ It is normal to have small talk while on set about relevant topics, such as what your goals and ambitions may be for the industry and anything related to modeling and photography. When photographers ask you to share personal information pertaining to your relationships with other people outside of the industry, your financial status, housing situation, other forms of employment, hobbies aside from modeling, religious or political standpoint, etc. these should not be shared and the topic should be switched to something more pertinent to the photoshoot or to the model photography industry.
 - ◆ Sharing more personal information, such as those topics listed above, can make a normal flow of conversation, and will become easier to incorporate in to your networking strategy once you get the hang of deciphering social situations, but in the beginning stages of modeling, you should keep as quiet as possible about these types of personal insights as much as possible so it is not used against you later - information gathering is a leveraging tool for many people in this industry to use to get their way.
- Abusive photographers will often use insight that they have on your personal life to look for weaknesses you may have, in which case they can try to manipulate you into doing things you wouldn't normally do by preying on those weaknesses you shared with them in order to control you.



- ◆ Example: you're heartbroken over your dad abandoning you as a child. That photographer will comfort you about the situation, and offer to be there for you to help you in any way he can, which allows him to weasel his way into your emotions. Once a photographer feels he has control over you by using your emotions against you, many awful spiraling things can happen from there, at that particular photoshoot and any future photoshoots you book with that photographer in the future. Some of those controlling behaviors include the following:
 - Abusive photographers may gossip or intentionally start drama between you and other models or photographers.
 - ◆ An example of this is if they put down other photographers, for any reason, may it be that their work sucks or that they have a bad personality to work with - then telling you that you cannot shoot with those certain photographers or else you won't be allowed to work with them ever again.
 - Another huge example of this is when they try to undermine allegations against them by warning you about crazy models they have worked with in the past, or about their crazy exes, slandering the photographer's name through the industry. These, "crazy models," are usually normal models who have experienced the worst of their manipulation and finally escaped it. It is always important to get both sides to a story, and it is a great idea to speak with said "crazy" models, and reference check their authenticity as well through photographers that they have worked with.
 - ◆ They will say these things to put themselves above the rest, putting themselves in a power position over anyone else, so you feel that you have to look up to them for friendship and approval, which keeps you



isolated from the community. This controlling behavior usually starts after you have worked with a photographer over the course of a few occasions, and have already shared more personal details about your life with them. They then feel like they understand what will negatively affect you so they can then manipulate your emotions by providing reassurance after you make the decision they wanted you to make, which makes you more and more reliant on them for approval of your actions following whatever they say to do. I have seen many naive aspiring models who work with these types, not realizing what toxic signs to watch for in the beginning stages of forming a proper business relationship with said photographer, and before they know it, they're being controlled and manipulated.

- ◆ The easiest way to avoid drama from anyone in this industry is to not feed into it - do not engage and take sides. I have had plenty of people vent to me about who they like and dislike and why, but if they tell me I need to side with them and not work with the people they are against, I will not do that - I will do my own background checks, and come to my own decision.

After The Photoshoot

- Abusive photographers may try to make a party out of the photoshoot by supplying you with drugs and/or alcohol in order to alter your state of mind so they can take advantage of you.
 - ◆ Don't get me wrong - there are many fun parties and other pleasant social gatherings that you'll inevitably be invited to if you become a large part of this industry, but many aspiring models don't understand the difference between parties where everyone is partying to have a good time, and the parties that are ran by ulterior motives.
 - ◆ Aside from sexual assault, which is also immensely horrendous, another criminal motive includes filming you under the influence of drugs and/or alcohol while partaking in activities that you wouldn't normally have



consented to while sober, which is then usually sold in online black markets - and once that content is on the web, it is impossible to eradicate it, no matter how many times you have online security teams remove it. Someone, somewhere, will always have the embarrassing photos and/or videos stored on their computer or harddrives, where it will then continue to be uploaded again and again.

- ◆ In my humblest advice, PLEASE do not consume alcohol or take drugs while cameras are around, and ideally, not at all. You can ALWAYS have fun sober. There are plenty of parties in this industry where you can enjoy yourself safely without feeling like you'll get recorded while under the influence. Always go to parties with trusted friends. Marijuana is legal in most places, so that is usually not the go-to drug in the industry that people will party with. A list of drugs you may see while at parties include 2CB, Cocaine, Molly, Ecstasy, Ketamine, Adderall, Shrooms, LSD, and many others.
 - ◆ I NEVER will endorse anyone to take drugs because you can never be sure *what exactly* is in the drug you are taking - even alcohol. Any of the above mentioned drugs can be laced with other powerful and oftentimes lethal additives. Cocaine, especially in recent times, has killed many partygoers not realizing the cocaine they were inhaling was laced with even trace amounts of Fentanyl. Again, I cannot stress this enough, you NEVER should take drugs or consume alcohol on set, and if the photoshoot turns into a party afterwards, you should question the motives for the party and either leave, or have a good time without substance use.
- Abusive photographers may REQUIRE that you be recorded giving a positive reference of them so they may share this on social media / with other models.
- ◆ Your reviews of photographers should be genuine and shared privately with other models, NOT required at the photoshoot before being paid. If you are ever required to give a positive reference, the best thing to do is leave the shoot - even if you are not paid, at least you won't be falsely endorsing them to other models who book with them.
- Abusive photographers may decide to check in with you AFTER the photoshoot ends instead of DURING the photoshoot, asking if you were comfortable. By doing this, they are seeking consent after the photoshoot in a way that makes



you feel inclined to “be nice” and just say it was fine, even if it was an uncomfortable experience. They hope by doing this, that they can trick you into thinking the uncomfortable photoshoot was normal, and hoping that you will give a good reference about them to other models who are in the process of booking them.

→ Abusive photographers may point out your flaws, and then compliment you on your assets. By degrading and belittling you, they hope to make you feel insecure and unsure of yourself, which makes you especially vulnerable and worthless.

- ◆ When they compliment you after putting you down, it has a positive feedback effect where it makes you feel that you earned that praise and that you are worthy of shooting with them, which makes you want more positive feedback, which is what the photographer is hoping you feel so they can remain in a place of power over you to later take advantage of those insecurities.

- ◆ The tactic that they use is reverse psychology, making you reliant on their confirmation that you are a worthy model. These types of abusive photographers are belittling you to then control you. An appropriate way to handle these situations at photoshoots is to recognize when a photographer is putting you down, and then to firmly address the comment they made, something along the lines of, “hey, that’s a put down, and that’s not cool,” and that should be enough to put them back in their place and keep you on equal ground.

→ An abusive photographer may try to date, and will have a track record of, dating models who are brand new to the industry. By exclusively dating newer models, they are looking to manipulate and control those models’ careers so that the photographer will receive approval from peers in the industry for “discovering” those newer models.

- ◆ The photographer is hoping to climb the prestigious social ranks of this industry, and if the models that he is close with end up becoming famous and successful, he will try to take responsibility for their success. These



photographers are always detrimental to the models' careers, and not the least bit helpful. They will almost always emotionally manipulate these newer and aspiring models by using many of the tactics I described before, especially if the models are dating them and think they are in love. When most young women think they're in love, they will do almost anything to please their partners, even if it destroys their own growth in the process.

- ◆ No matter how attractive they may seem to you, my biggest advice is to keep things professional and to not mix business with pleasure, because even if you do find yourself in a healthy relationship, if you outgrow each other for whatever reason and break up, emotions can go wild and you may lose a photographer that you would have really liked to continue working with.
 - ◆ Most times though, photographers date models to excel further in their career, not because they really like you for who you are. Dating photographers can also lead to jealousy from other models, and certainly may not be worth the relationship to be peeving so many peers from the beginning. My highest recommendation is to grow on your own in your personal development and in your business, and to not personally get emotionally close to other models and photographers if you want to keep steadily climbing in the industry.
- Abusive photographers may refuse to take down content, or refuse to keep content private, even if it makes you uncomfortable and upset knowing that the content you didn't want shared is being shared and distributed.
- ◆ Their refusal to respect your requests as the model in the images or videos is a clear sign that the photographer only cares about their own financial success and wellbeing, and that they do not care about you whatsoever. Many photographers have release forms, which many models sign without reading, which usually entitles photographers to use the images they took of you, forever, for whatever they want to do with them. You have every right to state in a contract, before booking the photoshoot, what your restrictions are for photos after the photoshoot ends, and to modify any model release contracts photographers request you to sign after the photoshoot.
 - ◆ Many photographers will argue that if they are paying you, they should have unrestricted rights to use the resulting images from the photoshoot,



but you certainly can state whatever your preferences are, and if they don't like it, they can hire a different model.

- ◆ My biggest advice here is to not be photographed or recorded in a way that you would not be comfortable being broadcasted to the whole world. Even if a photographer signs a contract to not share photos, and he shares them anyway on the internet, they are there permanently, even if your security team removes them and you successfully win a court battle - they will always continue to be uploaded by people who have saved the images/videos, and those people cannot be tracked down and stopped easily.

Other Common Red Flags

- Do not work with someone ONLY because they have a high following, well-known models in their portfolio, are verified, or have outstanding quality of work.
 - ◆ You cannot tell by looking at a photographer's facade alone if they are legitimate or not; a photographer's prestige has absolutely no indication on whether or not they are an abuser and manipulator. Having a high following and verified account status on social media means absolutely nothing when it comes to how that photographer interacts with people in real life, those are just online facades that you still need to background check through.
 - ◆ Just because a photographer takes nice quality photos doesn't mean he has the right to abuse the models who are helping with the production either; no matter how much that photographer brings to the table for your own portfolio, they do not have any right to bully you or put you down.
 - ◆ There are many reasons a photographer might have high caliber models in their portfolio as well - they may have photographed them at an event, or might be able to book them and treat them with respect because of their own high social status - just because those models are in their portfolio does not mean that they had a good time, or if they did, that you would be treated with the same respect if you are just starting out.
 - ◆ Everyone, regardless of social status, should be treated with respect, but the reality is, not every photographer treats every model just the same as



the ones before. Many abusive people will put on a fake facade towards models who could destroy their careers, but for newer models who do not have as much of a voice in the industry yet, they are more susceptible to abuse. Many abusive photographers will hire well-established models with a major social media following and treat them well, solely so those well known models provide a positive reference to models who are just starting out, so be sure to reference check with models of all experience levels before booking with a photographer.

- ◆ Prestigious people have been known to use their social power to manipulate others who are newer to the industry. ALWAYS check in with model references of all skill levels and review the portfolio to see if it is up-to-date before booking a photoshoot with a photographer, no matter how accomplished they present themselves to be.
- If a photographer knows they have a bad reputation, they may change their social media names frequently, or completely delete their social media accounts for a while, hoping people forget who they are after some time, in which they reenter the industry under new identities and pick new victims. This is why it is important to check with model references, and verify the portfolio is up-to-date and not stolen from another photographer.
- You should NEVER perform sexual acts or talk about your sexual preferences on a photoshoot set, for any reason.

Many topics can be covered in this section, and I will try to cover as much as I can so you can be prepared in case some odd and creepy thing happens on set so you know how to handle it. If for any reason, ever, do you feel that a photographer is overstepping your boundaries, you have every right to leave the photoshoot - a photographer who is being creepy does not care about your comfort, and selfishly only care about themselves, and is never correct behavior to exemplify in the workplace.



I will cover here some of the more commonplace examples of what models have told me they experienced in the past that made them confused and unsure of how to address and proceed once it happens.

- Abusive photographers could say, “if you do this sexual favor for me, then I’ll help you excel in your career.” This type of comment is absolutely inappropriate - you do not need their help, because they don’t have your best intentions in mind whatsoever, they only have their own gratification in mind.
 - ◆ If you proceed with performing sexual favors for them because they said they can help you if you do so, they will not actually do much for you, if anything at all. Anything they offer to help you with is all accomplishable on your own, even if it takes longer to get there. I have heard from the majority of models who perform these acts that they don’t actually receive anything at all that they were promised once they did their part. It is a sad way to get taken advantage of; do not believe photographers when they offer you fame and fortune through sexual acts. Above all, it is a completely unprofessional request to have to even address in the workplace. When this ever happened, I left the set - and I’d say I became pretty successful, without having to perform sexual acts on these creepy photographers.
- They may ask you to send them nude/semi nude images before the photoshoot “for reference.” This is inappropriate, and not every photographer will ask this of you - work with those who are photographing you to help bring out the best in your beauty, not those who are just looking to satisfy their own desires.
- Some photographers may request that you do sexual acts on set, “to put you in the right mood.” This is inappropriate, and not every photographer will ask this of you - work with those who are photographing you to help bring out the best in your beauty, not those who are just looking to satisfy their own desires.
- Some may try to convince you to take nude photos WITH them also present in the photograph with you, whether they are standing next to you, holding you, you’re sitting on them, etc. This is disgusting, inappropriate behavior, and would never be tolerated in a 9-5 workplace, so you should never tolerate this on set.
- Some may send you nude images or videos of other models, and they may delve into conversation about other models’ personal lives (their hobbies, other employment, their relationships, etc.)



→ They may share sexual insight about their own life during a photoshoot. Again, this is totally inappropriate behavior.

All of these types of circumstances are downright wrong and uncalled for; and I would highly advise that you leave these types of sets immediately and not try and reason with these types of unprofessional photographers. It is quite clear that they are involved in photography for the wrong reason. Many photographers who example these types of behaviors don't know the difference between respectfully admiring a model's beauty, and completely sexualizing her - but it's not your responsibility to teach them that; you must take care of your own well-being, recognize when they don't know the difference, and remove yourself from an off-putting photoshoot immediately.

A photographer may not example any of these red flags, but still could be an abuser.

Never place full trust into anyone, and remind yourself that this is work, and should be treated just like any other job. Experienced manipulative photographers are very good at making you think they are a nice and decent person, when in fact they are not. It is rare that you are the first person for them to have taken advantage of. Remember, it is important to ALWAYS speak with model references, and to review a portfolio to make sure it is legitimate and up-to-date.